Stress revision guide

**A study guide for the health problems unit**

For each of the following questions, be able to do the following:

1. Think about which terms and/or theories would be necessary to define or explain.
2. Provide 2 - 3 studies that could be used to answer the question.
3. What would be the holistic points that you would have to make?
4. How would different command terms lead to different responses?

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| **Question 1**. Discuss one or more biological explanations of one health problem.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |

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| **Question 2.** Discuss one or more cognitive explanations of one health problem.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |

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| **Question 3.** Discuss one or more sociocultural explanations of one health problem.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |

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| **Question 4.** Discuss prevalence rates of one health problem.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |

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| **Question** **5**. Discuss **one** **or** **more** research methods used in the study of health problems.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |

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| **Question 6**. Discuss ethical considerations in the study of health problems.  |
| Terms/theories |  |
| Research  |  |
| Holistic points |  |
| Different command terms |  |