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ENGLISH B – STANDARD LEVEL – PAPER 1
ANGLAIS B – NIVEAU MOYEN – ÉPREUVE 1
INGLÉS B – NIVEL MEDIO – PRUEBA 1

Tuesday 10 May 2011 (afternoon)
Mardi 10 mai 2011 (après-midi)
Martes 10 de mayo de 2011 (tarde)

1 h 30 m

TEXT BOOKLET – INSTRUCTIONS TO CANDIDATES

- Do not open this booklet until instructed to do so.
- This booklet contains all of the texts required for Paper 1.
- Answer the questions in the Question and Answer Booklet provided.

LIVRET DE TEXTES – INSTRUCTIONS DESTINÉES AUX CANDIDATS

- N'ouvrez pas ce livret avant d'y être autorisé(e).
- Ce livret contient tous les textes nécessaires à l'Épreuve 1.
- Répondez à toutes les questions dans le livret de questions et réponses fourni.

CUADERNO DE TEXTOS – INSTRUCCIONES PARA LOS ALUMNOS

- No abra este cuaderno hasta que se lo autoricen.
- Este cuaderno contiene todos los textos para la Prueba 1.
- Conteste todas las preguntas en el cuaderno de preguntas y respuestas.

TEXT A

A GUY’S GUIDE TO BODY IMAGE

The Truth About Guys

You may hear a lot about being a tough guy, but how often do you hear that being a guy is tough? Unlike girls, guys rarely talk to friends and relatives about their bodies. Without support from friends and family, they may develop a negative self-image.

The Importance of Body Image

Body image is part of someone’s total self-image. So how a guy feels about his body can affect how he feels about himself. If he gets too focused on disliking the way he looks, a guy’s self-esteem takes a hit and his confidence slides.

It Could Be in Your Genes

Don’t assume your body will take a certain shape. Look at everyone in your family – uncles, grandfathers, and even female relatives – to get an idea of the options your genes may have in store for you.

When Everyone Else Seems Bigger

Not everyone’s body changes at the same time or even at the same pace. It can be tough if your friends are already taller and more muscular. Most guys eventually catch up in terms of growth although some will always be taller or more muscular than others – it’s in their genes.

Try to keep in mind that you aren’t alone if you feel you don’t “measure up”. Many guys feel exactly the same way about their own bodies – even those whose body you envy.

When Body Worries Go Too Far

It’s normal for a guy to have a few minor complaints about his looks, but a focus that’s too intense can signal a problem. Body Dysmorphic Disorder is a mental health condition in which people are so preoccupied with what they believe are defects in the way they look that they spend hours of time and attention everyday checking, fixing, or hiding flaws. This body image disorder interferes with a person’s ability to function or be happy, and requires a professional’s help.

[- X -]

What can you do to fuel a positive body image? Here are some ideas:

[- 5 -]

Maybe you excel at a certain sport. Or perhaps you have non-sports skills, like acting. Exploring your talents can help improve your self-esteem.

[- 6 -]

Exercise can help you look good and feel good. Good figures don’t just happen – they take hard work, regular workouts, and a healthy diet.

[- 7 -]

Smoking and other harmful habits will eventually take a toll on your body. Not taking up bad habits results in a healthier, stronger body.

TEXT B

A ROLE MODEL FOR DISABILITY

Kelly Knox never thought of herself as being “disabled”. Although she was born without a left forearm, the word was never used in her home and, surprisingly, she was never made fun of at school. Only when she appeared on the reality show *Britain’s Missing Top Model* did Knox become aware of the discrimination surrounding disability.

Image removed for copyright reasons

“When I went on the show it was the first time I’d met disabled people,” she says. “Some of the other girls were bullied as children. It was a real eye-opener.”

It was at the modelling agency, she feels, that things started to go wrong. Despite appearing on the catwalk at London Fashion Week, Knox’s modelling career did not take off as might have been expected. “I don’t want to say the agency didn’t care, but I felt left in the dark,” she says.

Melissa Richardson, one of the agency’s founders, says that Knox’s lack of success was not due to any lack of effort on the agency’s part. “We like to think the fashion world is, or should be, broad-minded enough to see past the disability, but we always warned Kelly it wasn’t going to be easy. Most clients tend to want models to represent perfection, so her disability was already a little contrary to expectations.”

Despite the obstacle, Knox got involved with a number of good causes and disability charities. Today she recalls the standing ovation she received after speaking at a conference as one of her favourite moments. She has also done some modelling, and her recent projects include an online advert and a campaign for a new jewellery company.

While Knox is pleased with her success as a model, she would like to write a magazine advice column. “I love modelling, but there’s only so much I can do with it. I want to move things on and help people.”

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Adapted from *The Sunday Times* (2009)

TEXT C

THE IMPORTANCE OF AWARDS

Why do we work? For money? For success, fame, honour? For the good life? Each of us is driven by an entirely different set of desires. But one thing is certain; some professions are meant for those who want to make money and some for those who want to discover themselves.

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Even when you succeed in your calling, rewards can differ. Some become, like Mukesh Ambani, owners of prized enterprises in India. Others become, like Sachin Tendulkar, undoubted leaders of their own profession. There are others like Rahul Gandhi who are blessed with the opportunity to change the nation's destiny. Or like Sunil Mittal who has changed India forever through his telecom moves. Ambition always begins with a dream, and although money may be an important part of it, I frankly doubt if it matters that much. Most people strive, excel, achieve for reasons other than money. It's the desire to prove themselves.

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But not all those who strive actually succeed. That's where the role of awards and public recognition comes in. Awards do not only acknowledge success; they recognize many other qualities: ability, struggle, effort and excellence. For every Shah Rukh who succeeds in winning wealth and fame, there are hundreds of equally gifted actors who do not make it. For every Sachin, there are hundreds of brilliant young sports people who never get the break they need.



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That's [- X -] awards play a crucial role. [- 19 -] who do not get the money or fame they deserve manage to get by [- 20 -] the support and recognition awards give them. When the history of cinema is written, Satyajit Ray will be remembered for his great films. He may not have made money from them. Some of his reels of film may have been [- 21 -] damaged. But the awards make him one of the greatest film makers.

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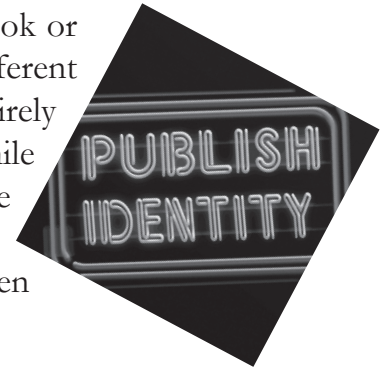
For these reasons, we value the Indian National Awards, and it is important they are chosen carefully, transparently, and wisely because if they are not, we will not only be destroying the awards but also staining the achievements of all those remarkable men and women who have received them over the years.

Adapted from *Times of India* (2010)

TEXT D

PROTECTING YOUR ONLINE IDENTITY AND REPUTATION

From the first time you log on to a social networking site like Facebook or MySpace, you're creating an online identity. This identity may be different from your real-world identity and some parts of it may be entirely made up. Playing around is part of the fun of an online life. And while the virtual world is full of opportunities to interact and share with people worldwide, it is a place where nothing is temporary and there are no "take-backs"; a lot of what you do and say online can be retrieved even if you delete it.



Research proves teenage users who had taken certain measures to ensure their privacy online protected their information and photographs from being copied by others and shown to the world. Ashley, a high-school junior, says she's very careful about the information, pictures, and comments she posts even though her profile is private. "I know teens who have gotten kicked off their sports teams because of pictures they have on their profiles," she says.

Researchers believe frequently changing passwords prevents online "identity trashing" when a profile is hacked. They also advise picking passwords that are difficult to guess and never sharing them with anyone except parents or trusted adults.

In addition, teenagers are always advised to be careful of what they post online. Hartley Harris, a researcher at the University of Columbia, states that things that seem funny or cool right now might not seem so cool years from now – or when a teacher, admissions officer, or potential employer sees them.



Mr Harris also warns teenagers against responding to inappropriate requests. "These can be scary, strange, and even embarrassing," he says. "If teens feel harassed by a stranger or a friend online, they should immediately tell an adult they trust."

Paula Jenkins, an online education specialist, says teens should also learn about copyright laws and make sure they don't post, share, or distribute copyrighted images, songs, or files.

Your online identity and reputation are shaped in much the same way as your real-life identity, except that when you're online you don't always get a chance to explain your tone or what you mean. Thinking before you post and following the same rules for responsible behavior online as you do offline can help you avoid leaving an online identity trail you regret.

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Adapted from www.kidshealth.org (2010)